

# Give a Little Foundation

Fall Newsletter 2022

The Ripple Issue



Dear Friends and Supporters,

As you may know from our website and other publications, those of us at Give a Little are fond of ripples. We draw inspiration from them, both because of their beauty and because of what they say to us.

The word itself, in the best onomatopoeic fashion, sounds ripply, flowing along in

*ripplesripplesripples.*

The idea is not hard to grasp. Motions, deeds, and thoughts, even the tiniest ones, travel, spread out, and expand. In macroeconomics, ripple effects are referred to as “multipliers.” The effects can be enormous, as when a minimal drop in interest rates stimulates the entire economy.

In our troubled times, when so many problems seem monumental, even insurmountable, it’s easy to forget that we personally have the power to bring about a ripple. As Cory Booker reminds us, **“Small acts of decency ripple in ways we could never imagine.”**

The same is true for small amounts of money, like the relatively modest grants we award to qualified applicants. With less than \$200 from us, the applicant below was able to take a course to complete her CNA (Certified Nursing Assistant) training. We can imagine how this ripple will go on and on to benefit her, her daughter, and all those she will help as a nursing assistant.

Thank you for reviewing my application to the give a Little Foundation. This opportunity is the first step in creating a new life for my young daughter.

I have always been a hard worker but this new direction has been difficult to wrap my head around. I am really excited about the challenges ahead in this new adventure and I know with the CNA training and some experience in the field I will be unstoppable.

## BE THE PEBBLE FOR YOURSELF



How do we create our own personal, internal ripples of relief, comfort, and joy? We hope that as you give of yourself to others, especially in stressful times, you are also finding ways to care for your health and well-being.

One way to produce restorative ripples in mind and body is to pause completely, even for a short time, and gain some breathing space. We all have different preferences for what form that might take, whether enjoying a sunrise, playing smooth jazz, watching finches at a bird feeder, stroking a pet, reading a poem, or observing the passing clouds from a window.

## EVEN JEWELRY HAS RIPPLES



### **We are collecting again!**

Can we help you find good homes for jewelry you no longer wear or want?

For years now, CURRENTS GALLERY (532 NE 3rd Street in McMinnville) has displayed and sold many items of donated jewelry, with the proceeds going to us.

**But their supply is running very low.**

If you'd like to donate new or gently used items, please just drop them off at the Gallery. The collection features a wide range, including handmade, one-of-a-kind, and silver and gold pieces (vintage, estate, and contemporary)—offered at reasonable prices (\$20 and up). Currents will happily accept—and provide tax receipts for—all donations made on our behalf. And you may just find a treasure for yourself or a holiday gift!

For hours and more information, visit [currentsgallery.com](http://currentsgallery.com) or call 503-435-1316. (Note: If you live too far away or cannot go to Currents personally, please leave a message for us at 503-857-2964, and we'll help.)

Thank you to Currents Gallery and to all of you who have donated—and purchased—jewelry for the cause!

## OUR GRATITUDE KEEPS RIPPLING



As Thanksgiving approaches, we wish to express thanks to all of you who have contributed monetarily or are lending support in other valuable ways. We are deeply affected by your caring and generosity.

Stay safe and be well. With our warmest wishes for the holiday season,

*Lynne Barbatsis, Lynda Corbin, Michelle Golden, Elisabeth Leichter, Bonnie Mann, Phillip Pirages, Sandy Soohoo-Refaei, Rob Stephenson, Ellen Summerfield, Ginny Upton, and Patti Webb* on behalf of everyone at Give a Little.



[www.givealittlefoundation.org](http://www.givealittlefoundation.org)